

VLADIMIR VANJA GRBIĆ SPORTS CAMP

Dear friends,

It is my great pleasure to inform you that Vladimir Vanja Grbić Sports Camp is now open. After years of working with children and gaining the education from the prestigious Faculty of Sports and Physical Education, University of Belgrade, with the cooperation with the experts from the Institute for Orthopedic Surgery "Banjica" and those from the Faculty of Sports and Physical Education, we have started the initiative, with preventive-educational character, whose goal is development of children with or through volleyball, led by Vladimir Vanja Grbic himself. Sports camp will take place on the Mt. Zlatibor from 1-29 July (1-8, 8-15, 15-22, 22-29 July respectively).

The following activities will be organized within the Camp:

Orthopedic diagnostics, evaluation of children's spine postural status and feet status, motoric diagnostics, force-speed-endurance, technical evaluation, adopting the techniques and proposal of possible corrections. Children aged 9 to 18 years.

Organizational characteristics of the Camp:

- The Camp lasts for 7 days;
- There are 10 to 12 licenced coaches on the Camp;
- 100-120 children per shift;
- Accommodation is at the "Golija" Children Recreation Centre (Campus of Aca Nikolic and Bata Djordjevic, with 60 years of experience). Accommodation is based on full board, 4 meals per day. Meals are prescribed by a nutritionist. Children with allergies or food intolerance have specially prepared meals.
- Practices are held at the Wai Tai Sports-tourist Centre indoor court, outdoor beach volleyball court, and other outdoor courts, according to the needs.

We have Čigota Medical Centre at our disposal, including swimming pool and fitness centre, as well as the complete diagnostic preventive and rehabilitation program for children to senior people. Maximum 12 children work with one coach, according to the established program personally overseen and controlled by Vladimir Vanja Grbić.

At the end of the Camp, every child will get written recommendation with tests results to further pursue better and more purposeful work in terms of health and development potential.

The Camp is recommended to parents, schools, clubs and coaches who work with children. There is a possibility to continue cooperation with every coach or club if there is a wish for it.

There will be free education for volunteer coaches held in the Camp. It is envisaged to have 5 volunteer coaches per shift, and they all have to own license of coaches' organization. All coaches that do not participate in the work of the Camp, but would like to attend the trainings are welcome. They can all attend everyday work and take part in free education.

The beginning of the Camp is at 12 o'clock on the first day. Children get the equipment and get introduced with the Camp rules. Then they are divided into groups from 10 to 12, according to their age. Every group has 1 coach.

It is a 7-day arrangement, full board (4 meals), including orthopedic and motoric diagnostics, technical evaluation, 7 days of trainings, 5 T-shirts, 3 shorts, insurance, tourist tax, local transportation, recommendation letter from Vladimir Grbić. Every child will have one-hour CD of their shift in the Camp. There will also be animators and surprise appearance by some famous person. Transportation is your own.

The price of the Camp is 250 EUR. If you have organized accommodation and meals yourself, the price is 145 EUR. There are two methods of payment:

- In 4 installments: 1st installment is 100 EUR, after which follow 3 installments of 50 EUR each;
- Through 8-10 cheque forms.

Participation in the Camp is possible only with payment guarantees. In case of cancellation, proceeded payments will not be refunded unless in cases of injuries or sickness with adequate medical opinion supplied.

All information about the Camp can be acquired by telephone +381 61 2141 332 or by mail vladimirgrbic70@gmail.com.

Hurry up! The number of participants is limited!

Looking forward to seeing you on the Mt. Zlatibor!

Sincerely,

Vladimir Vanja Grbic