



# SPORTS CAMP

**VLADIMIR VANJA GRBIC**  
**ZLATIBOR, FROM 1<sup>ST</sup> TO 29<sup>TH</sup> OF JULY**

Dear friends,

My pleasure is to inform you that a volleyball camp of Olympic Champion Vladimir Grbić, member of Hall of Fame and member of the Alley of the stars will start in July 2017.

I have been working with more than 12.000 kids all around Serbia for the past 6 years, guiding the project that has been selected as most innovative and promotional, presented on Congress FIVB in Sardinia in 2014. After my fruitful volleyball career, I have finished University of sport and physical education in Belgrade and I am on PHD studies, major human locomotion. Work and passion true seminars education and promotion have taken place in Holland, Norway, Slovenia, Macedonia, have guided all to this, the 360 degrees volleyball camp. In cooperation with the experts from the institute for Orthopedic Surgery "Banjica" and those from the Faculty of sports and physical education in Belgrade, we have started the initiative, with preventive-educational character, for the development of children with or through volleyball though which Vladimir Vanja Grbić will lead. Sports camp will take place on Zlatibor mountain from 1<sup>st</sup> until 29<sup>th</sup> of July.

**GROUPS /** I FROM 1<sup>ST</sup> TO 8<sup>TH</sup> OF JULY III FROM 15<sup>TH</sup> TO 22<sup>ND</sup> OF JULY  
II FROM 8<sup>ST</sup> TO 15<sup>TH</sup> OF JULY IV FROM 22<sup>ND</sup> TO 29<sup>TH</sup> OF JULY

**ACTIVITIES /** TECHNICAL EVALUATION / ORTHOPEDIC DIAGNOSTICS  
MOTORIC DIAGNOSTICS / FORCE-SPEED-ENDURANCE  
EVALUATION OF CHILDREN'S SPINE POSTURAL STATUS AND FEET STATUS  
ADOPTING THE TECHNIQUES AND PROPOSAL OF POSSIBLE CORRECTIONS



10-12 LICENCED COACHES  
CHILDREN'S AGE  
**7 DAYS 9-19**  
100-120 CHILDREN IN ONE SHIFT



## ACCOMMODATION

In Students Campus **Golija** (with 60 years of experience). Accommodation is based on full board, 4 meals per day. Meals are prescribed by a nutritionist.  
\*children with allergies or food intolerance will have specially prepared meals.

## TRAININGS

Held in Sports Centre **Wai Tai** in hall, on open fields for beach volleyball and other fields on open, according to the needs. We have Stationary **Cigota** available for us, which include swimming pool and fitness centre, as well as complete diagnostic preventive and rehabilitation program from children to senior people. Maximum 12 children work with one coach, according to the established program personally overseen and controlled by Vladimir Vanja Grbic. At the end of the Camp, every child will get written recommendation with tests results to further pursue better and more purposeful work in terms of health and development potential of children.

## COACHES

Recommendation is for parents, schools, clubs and coaches with whom children work. There is a possibility to continue cooperation with every coach or club that wants it.

Free education for volunteer coaches will be held in the Camp. It is envisaged to have 5 volunteer coaches per shift, and they all have to own license of coaches organization. All coaches that do not participate in the work of the Camp, but would like to attend the trainings are welcome. We do not have problem with cooperation and education. On the contrary. They can all attend everyday work and take part in free education.

The beginning of the Camp is at 12 o'clock on the first day. Children get the equipment and get introduced with the Camp rules. Then they get divided into groups from 10 to 12, according to their age. Every group has 1 coach.

## ARRANGEMENT

Arrangement is for 7 days, full board (4 meals), orthopedic and motoric diagnostics, technical evaluation, 7 days of trainings, 5 t-shirts, 3 shorts, insurance, touristic tax, local transportation, recommendation letter from Vladimir Grbic. Every child will have a 1 hour CD of its shift in the Camp. There will also be animators and surprises with well known persons. Transportation is your own.

The price for the camp is 250€.

\*If you have your own accomodation and meals, the price is 145€.

\*\*kids aged 17-19 years (competitors) get specific rule trainings included in price.

1) Payment in 4 installments: 1<sup>st</sup> installment is 100€, after which follow 3 installments of 50€.

Participation in the Camp is possible only through payment guarantees. In the case of cancellation of the Camp, proceeded payments will not be returned unless in cases of injuries or sickness with adequate medical opinion supplied.

With wishes to see eachother on Zlatibor, hurry up, because, number of participants is limited!

Account with institution:  
DBDBRSBG  
BANCA INTESA AD, BEOGRAD  
MILENTIJA POPOVIĆA 7B  
BEOGRAD, REPUBLIKA SRBIJA

Beneficiary:  
/RS35160005280000500041  
Sportsko udruženje VLADIMIR VANJA GRBIĆ  
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Sincerely,

*Vladimir Vanja Grbic*

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